

# Å Kunne Æ Skrive

Choreographer: Alexander Pohl, Solferinoweg 20A/162, 70565 Stuttgart,  
mail@alexpohl.de  
Artist: Kari, Ola & Lars Bremnes  
Music: CD: Soløye, Track 1, 3:44 (net 3:16)  
Download from iTunes or Amazon  
Listen on <https://www.youtube.com/watch?v=MglbrK8Wi2M>  
Rhythm/Phase: Slow Two Step/Fox  
Phase IV+1 (triple traveler) + 2 (trav R trn w/ outsd roll, waist slide)  
Footwork: Opposite except where indicated (W footwork in parentheses)  
Difficulty: Average  
Sequence: Intro-ABC-ABC-AB\*C\*-End  
Version: 1.0, April 2019

## Intro

### 1-4 WAIT; WAIT; APART & POINT; TOGETHER TOUCH TO CP:

{**Wait; Wait;**} OP FCG WALL Id ft free wait 2 measures;;  
{**Apart & point**} Apt L, -, pt R twd ptr, -;  
{**Together touch**} Tog R, -, tch L to R, - to CP WALL;

### 5-8 FOX BOX;; 2 OPEN BASICS;;

{**Fox box**} Fwd L, -, sd R, cl L; Bk R, -, sd L, cl R;  
{**Open basic**} Sd L trng to L ½ OP RLOD, -, XRib, rec L trng to fc ptr;  
{**Open basic**} Sd R trng to ½ OP LOD, -, XLib, rec R trng to fc ptr;

## Part A

### 1-4 SWITCHES;; TRAVELING RIGHT TURN WITH OUTSIDE ROLL;;

{**Switches**} Fwd & sd L Xif of W trng RF, -, cont trng RF to L ½ OP fwd R, fwd L  
(W fwd R, -, fwd L, fwd R); fwd R, -, fwd L, fwd R  
(W fwd & sd L Xif of M trng RF, -, cont trng RF to ½ OP fwd R, fwd L) ½ OP LOD;  
{**Traveling R trn w/ outsd roll**} Fwd & sd L Xif of W trng 3/8 RF to CP RLOD, -, XRib,  
trng RF ½ chg weight to L BJO DLW (W fwd R between M's ft, -, trng RF fwd L, R);  
fwd R lead W to RF trn, -, sd L, XRif (W sd & bk L start RF trn, -, continue RF trn under  
jnd Id hnds R, L) LOP FCG WALL;

### 5-8 2 LUNGE BASICS;; UNDERARM TURN; BASIC ENDING TO PU;

{**2 Lunge basics**} In BFLY lunge sd L, -, rec R, XLif; lunge sd R, -, rec L, XRif;  
{**Underarm turn**} Sd L raise Id hnds, -, XRib, rec L  
(W sd R commence RF trn under jnd Id hnds, -, XLif continue RF trn ½, rec R complete trn to fc ptr);  
{**Basic ending**} Sd R to CP WALL, -, XLib, rec R starting to PU;

### 9-12 TRIPLE TRAVELER;; BASIC ENDING;

{**Triple traveler**} Fwd L commence LF upper bdy trn raise jnd Id hnds to Id W into LF trn, -, fwd R,  
fwd L (W bk R trng ¼ LF, -, sd L trng ½ undr jnd Id hnds, sd & fwd R continue trn to LOP LOD);  
fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (W fwd L, -, fwd R, fwd L);  
fwd L Id hnds dwn bk & up in a circle to Id W to a RF trn, -, fwd & sd R, XLif  
(W fwd R start RF trn under jnd Id hnds, -, sd L cont RF trn, fwd R to fc ptr);  
{**Basic ending**} Sd R to CP COH, -, XLib, rec R;

### 13-16 SIDE BASIC; OPEN BREAK; WAIST SLIDE; BASIC ENDING TO PU;

{**Side basic**} Sd L, -, XRib, rec L;  
{**Open break**} Sd R to LOP FCG COH, -, apt L, rec R;  
{**Waist slide**} Fwd L twd RLOD comm LF trn bring jnd Id hnds to M's R waistline sweeping R arm up, -,  
cont trn & right arm sweep releasing jnd Id hnds sd R to fc ptr & WALL, XLif  
(W fwd R placing right hnd on M's waistline, -, fwd L trng RF around ptr tracking R hnd around his body,  
fwd R trng to fc ptr) to LOP FCG WALL;  
{**Basic ending**} Sd R to CP WALL, -, XLib, rec R starting to PU;

## Part B

- 1-4 LEFT TURN INSIDE ROLL; BASIC ENDING; 2 LUNGE BASICS; TO MANEUVER;**  
{Left turn inside roll} Fwd L comm LF trn raise jnd ld hnds to ld W's LF trn, -, sd R complete ¼ LF trn, XLif (W bk R com LF trn, -, sd L trng LF undr ld hnds, cont LF trn sd R) LOP FCG COH;  
{Basic ending} Repeat measure 12 of Part A;  
{2 Lunge basics} In BFLY lunge sd L, -, rec R, XLif; lunge sd R, -, rec L, XRif starting to maneuver in CP;
- 5-8 RIGHT TURN OUTSIDE ROLL; BASIC ENDING; BASIC; TO PU;**  
{Right turn outsd roll} Sd & bk L Xif of W, -, raise jnd ld hnds to ld W's RF trn sd & bk R trng ¼ RF, XLif (W fwd R com RF twrl undr ld hnds, -, fwd L cont trn, fwd & sd R cont trn to fc ptr) to LOP FCG WALL;  
{Basic ending} Repeat measure 12 of Part A;  
{Basic} Sd L, -, XRif, rec L; sd R, -, XLib, rec R starting to PU;

## Part C

- 1-4 DIAMOND TURN;;; TO LOW BFLY;**  
{Diamond turn} Fwd L to DLC, -, trng ¼ LF sd R, bk L to BJO; bk R, -, trng ¼ LF sd L, fwd R in BJO; fwd L, -, trng ¼ LF sd R, bk L in BJO; bk R, -, trng ¼ LF sd L, fwd R to BJO DLC chg to LOW BFLY;
- 5-8 2 TRAVELING CROSS CHASSES; TO FACE WALL; 2 OPEN BASICS;;**  
{2 Traveling X chasses} Fwd L to DLC, -, sd R, XLif (W bk R bkg DLC, -, sd L, XRif); trng ¼ RF fwd R to DLW, -, sd L trng 1/8 RF to WALL, XRif (W trng ¼ RF bk L bkg DLW, -, trng 1/8 RF sd R trng to fc COH, XLif) LOW BFLY WALL;  
{2 Open basics} Repeat measures 7-8 of Intro;;

## Part A

## Part B

## Part C

## Part A

## Part B\*

- 1-6** Repeat measures 1-6 of Part B;;; ;;
- 7-9 HOLD; BASIC; TO PU;**  
{Hold} Hold;  
{Basic} Repeat measures 7-8 of Part B;

## Part C\*

- 1-4** Repeat measures 1-4 of Part C;;; ;;
- 5-8 4 TRAVELING CROSS CHASSES;;; TO FACE WALL;**  
{4 Traveling X chasses} Fwd L to DLC, -, sd R, XLif (W bk R bkg DLC, -, sd L, XRif); trng ¼ RF fwd R to DLW, -, sd L, XRif (W trng ¼ RF bk L bkg DLW, -, sd R, XLif); trng ¼ LF fwd L to DLC, -, sd R, XLif (W trng ¼ LF bk R bkg DLC, -, sd L, XRif); trng ¼ RF fwd R to DLW, -, trng 1/8 RF sd L trng to WALL, XRif (W trng ¼ RF bk L bkg DLW, -, trng 1/8 RF sd R trng to fc COH, XLif) LOW BFLY WALL;

## END

- 1 LUNGE SIDE,**  
{Lunge side} Lunge sd L,

## Suggested Head Cues

Intro	OP FCG WALL - wait 2;; apt & pt; tog tch (CP); Fox box;; 2 op bas;;
A	switches;; trav R trn w/ outsd roll;; 2 lunge bas;; underarm trn; bas endg (PU); trip trav;;; bas endg; sd bas; op brk; waist slide; bas endg (PU);
B	L trn insd roll; bas endg; 2 lunge bas; to man; R trn outsd roll; bas end; bas; (PU);
C	diam trn;;; (LOW BFLY); 2 trav X chasses; (WALL); 2 op bas;;
A	
B	
C	
A	switches;; trav R trn w/ outsd roll;; 2 lunge bas;; underarm trn; bas endg (PU); trip trav;;; bas endg; sd bas; op brk; waist slide; bas endg (PU);
B*	L trn insd roll; bas endg; 2 lunge bas; to man; R trn outsd roll; bas end; hold; bas; (PU);
C*	diam trn;;; (LOW BFLY); 4 trav X chasses;;; (WALL);
End	lunge sd,

Lyrics in Norwegian (from <https://lyricstranslate.com/de/Bremnes-kunne-ae-skrive-lyrics.html>)

A kunn æ skrive på himmeln så skreiv æ ditt navn Og hvis mitt liv va ei skute sku du ha vært mi havn.	A va æ mektig som stormen som herske og rår, Æ skulle ikkje røre hustet ditt, kun lyske lett ditt hår	A kunn æ skrive på himmeln så skreiv æ ditt navn Og hvis mitt liv va ei skute sku du ha vært mi havn.
Å kunn æ hente ned skyan og re dæ ei seng og dette fjellet va et flygel, så spelte æ Chopin.	Og om du skulle bli redd mæ fordi det blei kaldt Så skull æ blåst den akkorden som kunne forklare alt	Å kunn æ hente ned skyan og re dæ ei seng og dette fjellet va et flygel, så spelte æ Chopin.
Men æ mått ha øvd på forhånd - ville du forstå? Musikken begynn førr alvor snart, - æ snur mæ førr å se om du skal gå.	Men æ mått ha øvd på forhånd - ville du forstå? Musikken begynn førr alvor snart, - æ snur mæ førr å se om du skal gå.	Men æ mått ha øvd på forhånd - ville du forstå? Musikken begynn førr alvor snart, Æ veit den vil forstumme hvis du går.

Lyrics in English (from <https://lyricstranslate.com/de/kunne-ae-skrive-if-i-could-write.html>)

If I could write on the sky I would write your name And if my life was a ship You would be my harbour	If I were as mighty as the storm which reigns and rules I wouldn't touch your house only slightly stroke your hair	If I could write on the sky I would write your name And if my life was a ship You would be my harbour
If I could bring down the clouds and make a bed for you and if this mountain was a grand (piano) then I would play Chopin.	And if you became afraid of me because it got cold Then I would blow that chord that could explain it all	If I could bring down the clouds and make a bed for you and if this mountain was a grand (piano) then I would play Chopin.
But I would have to rehearse first -Would you understand? The music will soon start seriously - I turn around to see if you're leaving.	But I would have to rehearse first -Would you understand? The music will soon start seriously - I turn around to see if you're leaving.	But I would have to rehearse first -Would you understand? The music will now start seriously I know it will become quiet if you leave.